

# HOPE, HELP AND COMFORT IN TROUBLING TIMES

**Equipping the Saints to Counsel Hope During Difficult Days** 

August 5-7, 2021 | Calvary South Denver

### **THURSDAY, AUGUST 5TH**

6:00 PM WELCOME

6:05 PM GENERAL SESSION #1

Gino Geraci - Help, Hope and Comfort in Troubling Times
Studies in Romans 15

#### 7:45 PM WORKSHOP #1

- Counseling People from Other Churches Joe Propri
- Hope, Help & Comfort in Times of Grief David Tyler
- Biblical Essentials for Family Unity & Reconciliation Alden Laird
- Why Certification? Why IABC? Jeff Christianson

### FRIDAY, AUGUST 6TH

### 12:30 PM GENERAL SESSION #2

Howard Eyrich - You Mean I Can Find Hope in These Dusty Books?

#### 1:45 PM WORKSHOP #2

- Hope, Help & Comfort in the Aftermath of Suicide J. Michael Baker
- Down, But Not Out, 2 Corinthians 4:7-10 Antonio Alfred
- Positioning Yourself for Battle, 2 Chronicles 20: 1-30 Tracy Gray
- How to Respond to Suffering: My Way or God's Way Virginia Stewart

### 3:00 PM • WORKSHOP #3

- Church Discipline and Biblical Counseling Joe Propri
- Hope & Help from Old Testament Narratives in Times of Trouble Howard Eyrich
- Trading Worry & Anxiety for Trust & Peace Chris Minot
- Living the Abundant Life in a World of Confusion Alden Laird

### 4:00 PM DINNER BREAK

### FRIDAY, AUGUST 6TH

### continued

5:30 PM PRESENTATION OF IABC CERTIFICATIONS

6:00 PM GENERAL SESSION #3

Jeff Christianson - Jesus: Our Living Hope

7:00 PM GENERAL SESSION #4

Bill Hines - Jesus: Our Blessed Hope

8:00 PM WORKSHOP #4

- Counseling & Soul Care for Families Dealing with Autism Russell Threet
- Hope, Help & Comfort for Those Experiencing Transgender Thoughts & Feelings - David Tyler
- Hope for the Addict & Their Families C.J. McMurry
- "The Heart Chart" Biblical Counseling Tool Valerie Ellis

### **SATURDAY, AUGUST 7TH**

9:00 AM GENERAL SESSION #5

Kevin Carson - Help, Hope and Comfort in Your Suffering

10:45 AM WORKSHOP #5

- Hope for the Christian Who is Suffering Andy Wisner
- Conflict as a Redemptive Opportunity Chris Minott
- Introduction to Biblical Counseling Howard Eyrich with Bill Hines
- A Model of Grief from John 13-17 Kevin Carson

11:30 AM GENERAL SESSION #6

Gino Geraci - Help, Hope and Comfort in Troubling Times
Studies in Romans 15

12:35 PM FAREWELL

### **WORKSHOP DESCRIPTIONS**

#### **WORKSHOP SESSION #1**

THURSDAY, 7:45 PM

### **Counseling People from Other Churches - Joe Propri**

We are often working with folks who attend other churches. There are often pitfalls in these situations, and important scriptural principles to use as a part of our counseling. Without that important data, we undermine our service to them. Even if we see some change in their lives, we may be selling them short! Here is how to be more thorough, from the first session on. This session naturally leads to my second workshop but can stand alone.

### Hope, Help & Comfort in Times of Grief - David Tyler

Most of us know what it means to grieve over the loss of a loved one. Isaiah 53:3 reminds us that Jesus was "A man of sorrows and acquainted with grief." Jesus grieved, ... and that should be a great comfort to us as we consider the subject of grief. We have a Savior that knows what it means to mourn... to have His heart broken. Have you lost your husband, wife, son, daughter, mom, dad? Are you filled with sorrow? Have you wept? You are in good company, Jesus wept.

### Biblical Essentials for Family Unity & Reconciliation - Dr. Alden Laird

No one would deny that we live in a culture that is fraught with anger, bitterness, and division.

Sadly, even Christians are not immune from the struggle and pain that come when marriages, families, associates, neighbors, and individuals experience the breakdown of unity and unreconciled relationships. How do we counsel others who genuinely desire to do all they can to heal a broken relationship from a Biblical perspective?

### Why Certification? Why IABC? - Jeff Christianson

Considering biblical counseling certification? This workshop will take you through the rational for and process of certification with IABC.

### **WORKSHOP SESSION #2**

FRIDAY, 1:45 PM

### Hope, Help & Comfort in the Aftermath of Suicide - J. Michael Baker

The biblical counselor must be prepared and not shaken by the gravity of the moment in the aftermath of a suicide. Biblical Counsel with family members and the community is God's loving hand that comes alongside to not only comfort but also help bring change that glorifies the Lord and strengthens His people in times that absolutely leave everyone asking questions.

#### Down, But Not Out, 2 Corinthians 4:7-10 - Antonio Alfred

Christians feel down from time to time, but they can always get up—they are down but not out. The purpose of this workshop is to provide counselors with a biblical framework for dealing with depression to help counselees recognize and rely on the power of God, in order to get up when they feel down.

# Positioning Yourself for Battle, 2 Chronicles 20: 1-30 - Tracy Gray

"You will not need to fight in this battle. Position yourselves, stand still and see the salvation of the Lord, who is with you..." (2 Chronicles 20:17) Such were the words of the Lord to Jehoshaphat as threatening armies bore down on him. A key component of finding Jesus as our rest is how we position ourselves when battles loom. All we can do is our part, and the Lord does his part, right? But what is our part when trials appear on the horizon? Acknowledging emotions, how we respond, how we pray, where we fix our eyes, how we go out to the battlefield, as well as how we return, all contribute to whether we eventually find "rest all around" during life's struggles. Are you and are your counselees positioned to find rest in the Lord? Let us form a "battle plan" together...

# How to Respond to Suffering: My Way or God's Way Dr. Virginia Stewart

We often find that our "natural, normal" responses to suffering are not helpful. In this workshop, we will learn from Scripture how our Lord responded to Moses so we can respond God's way and help others who are in difficult trials.

#### **WORKSHOP SESSION #3**

FRIDAY, 3:00 PM

### Church Discipline and Biblical Counseling - Joe Propri

What can you do when your counselees do not do what you tell them should be done? This uncomfortable situation happens more often than we would care to admit! In most cases they walk away from counseling (at least with us!). Most often, we let them. Is there more we can do? Is there more we MUST do? You bet! We involve the local church. Here's how! This session follows my first workshop but can stand alone.

# Hope & Help from Old Testament Narratives in Times of Trouble - Howard Eyrich

The Old Testament prophets endured many trials. Some lamented. Some questioned God. Some suffered great losses. But all remained overall faithful. They can be a source of encouragement, motivation to stay the course, empowerment to confront, and sweet reliance upon God. Counselors need to learn how to mine these riches and generate excitement to grasp and implement principles for today.

### **Trading Worry & Anxiety for Trust & Peace - Chris Minot**

Much of our worry and anxiety is a result of focusing on things that are out of our control and viewing our situations through temporal eyes rather than eternal. We will discuss how to identify the thoughts and beliefs underlying anxiety and offer scriptural truths that help the counselee to trust the Lord and experience His peace.

# Living the Abundant Life in a World of Confusion - Dr. Alden Laird

The Apostle Paul, writing from Corinth (about 51 A.D.) concludes his first letter to the Thessalonian believers with short answers evidently posed by the new converts.

Among the Apostle's instructions were three very short verses (5:16-18) in which he gives clear directives and practical pointers for a God-honoring flock. With just 16 Greek words Paul directs the church to apply these three imperatives that will make a significant difference in how they and all believers (in any era) can live the abundant life even during troubled times.

#### **WORKSHOP SESSION #4**

FRIDAY, 8:00 PM

## Counseling & Soul Care for Families Dealing with Autism - Russell Threet

There are few things that bring more difficulty than having a child diagnosed with a developmental disorder. This workshop would focus on counseling families, particularly parents but also the autistic individuals, as they walk through major times of difficulty with a special needs child.

### Hope, Help & Comfort for Those Experiencing Transgender Thoughts & Feelings - David Tyler

What does being transgender mean? It means that a person believes their feelings of being male or female do not correspond with their biological gender. In other words, it is about their feelings, and how they think.

The feelings of discomfort; of being in the wrong body is called "Gender Dysphoria." There is an explanation for the uncomfortable and troubling feelings that people have about their gender. I do not discount the feelings, the gender dysphoria. The feelings are real. The explanation for the feelings is found in Scripture. Gender Dysphoria is part of what some people, normal people, experience living in a fallen and sin-cursed world.

### Hope for the Addict & Their Families - C.J. McMurray

God has not left those who struggle or have loved ones who struggle with addictions without a way out. This workshop will focus on steps the addict and their families should take to make addictions a thing of the past.

### "The Heart Chart" Biblical Counseling Tool - Valerie Ellis

We live in a culture that is obsessed with feelings and emotions and encourages us to follow the desires of our hearts. But doing so leads to discouragement and despair. This workshop teaches you a tool to use with your counselees to explain the biblical view of the heart and its desires and why following our heart's desires does not lead to happiness, but to emotional pain and sorrow.

#### **WORKSHOP SESSION #5**

SATURDAY, 10:45 AM

### Hope for the Christian Who is Suffering - Andy Wisner

Hope for the Christian Who is Suffering - Pastor Andy Wisner Yes, suffering happens. Suffering happens to everyone. Suffering certainly happens to Christians. In this workshop we will explore topics like different types of suffering and their origins, along with the purpose of God in allowing suffering and a biblical approach to handling our suffering with joy. Godly Women in Troubled Times - Susan Laird We can choose to be godly women in our unpredictable and ever-changing world. The Bible has preserved the stories of many wise and faithful women as they navigated through their difficult days — what can we learn from them? We will take a look specifically at Miriam, Deborah, Hannah, and Mary Magdalene and gain practical personal application from their lives

### **Conflict as a Redemptive Opportunity - Chris Minot**

For most people, dealing with conflict brings up anger, fear, and hurt, resulting in division. Our tendency is to either attack or avoid, all the while missing the opportunity for redemption and reconciliation. We will learn how to resolve conflicts biblically resulting in Christlikeness, healing, and unity.

### <u>Introduction to Biblical Counseling - Howard Eyrich with</u> Bill Hines

This is your opportunity to gain a taste of the fundamentals of biblical counseling essentials. Adams synthesized counseling issues into three categories. Subsequently, I added a fourth category that focuses on a conscious decision to choose a way of thinking resulting in a similar outcome to Adams' third category. The question becomes, by what authority do we address these issues? The next essential is what methodology does biblical counseling use to aid the counselee in implementing the authoritative analysis? The operative word in this synopsis is TASTE. Our hope is that your appetite will be stirred to desire to learn to become a biblical counselor.

### A Model of Grief from John 13-17 Kevin Carson

Jesus provides us with a model of how to understand and respond to grief differently than the world. In this conversation (John 13-17), Jesus gives us a way that we can sorrow with Hope.